

Sukhi Badwal

Client Relationship Manager




Sukhi has extensive experience in the field of mental health & wellbeing. Coming from a background in health and social care, she has provided support to those with difficulties in the community and has worked in a wide range of settings including inpatient psychiatric units and community services, providing specialist advice and support.


Prior to working for Strategic Wellbeing, Sukhi worked for Mind in the city of London. She started her career in mental health as an Independent Mental Health Advocate for Mind in the City, Hackney and Waltham Forest supporting people with issues relating to their mental health care and treatment. She also helped people understand their rights under the Mental Health Act.


Sukhi then worked as the Community Services Manager at Hammersmith, Fulham, Ealing and Hounslow Mind overseeing the day services. This involved facilitating frontline support including group workshops, ecotherapy, hoarding peer support and the vulnerable migrants project, all with the aim to improve mental wellbeing and support recovery. She then progressed internally into the workplace wellbeing space working as a Client Relationship Manager.

Sukhi now works as the Client Relationship Manager for Strategic Wellbeing where she oversees the client base. Her role includes coordination, training bookings, relationship building and managing the large pool of approved trainers and external associates, matching client needs to associate and trainer experience.

Get in touch

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